

HFAI 2027
THIRUVANANTHAPURAM

HFAI 2027 NURSING CONFERENCE

THEME 2027 | **FROM EVIDENCE TO EXCELLENCE IN HEART FAILURE NURSING PRACTICE**

Held as part of the 13th National Conference of the Heart Failure Association of India

07 SUNDAY
FEBRUARY 2027
Hyatt Regency Thiruvananthapuram, Kerala, India

ORGANISED BY

Sree Chitra Tirunal Institute for Medical Sciences & Technology, Trivandrum

Nursing Services & Department of Cardiology
Sree Chitra Tirunal Institute for Medical Sciences and Technology, Thiruvananthapuram

8:00 AM
Scientific sessions begin
Staging, assessment & case-based discussion

06
Hands-on skill stations
2:00 – 5:00 PM · small-group rotations

01 HR
Scientific paper presentation
Nursing research papers · 10:00 AM

04
Leading institutions
SCTIMST · AIIMS · JIPMER · CARE Hospitals

ORGANISING CHAIRPERSONS



Mrs. Nirmala MO
Nursing Superintendent
SCTIMST



Dr. Harikrishnan S
Professor (Senior Grade)
Dept. of Cardiology,
SCTIMST

ORGANISING SECRETARIES



Ms. Suja Raj L
Senior Lecturer in Nursing
SCTIMST



Ms. Anjusha M
Senior Nursing Officer,
HFICU
SCTIMST

ORGANISING TEAM MEMBERS

Dr. Shani SD
Assistant Nursing Superintendent

Mrs. Smitha AS
Assistant Nursing Superintendent

Ms. Bindhu Michael
Senior Nursing Officer

Mrs. Sheeja P
Senior Nursing Officer

Mrs. Jayasree P
Senior Nursing Officer

Mrs. Preena V
Senior Nursing Officer

SKILL STATION FACILITATORS

Ms. Preethamol P
Senior Nursing Officer

Mr. Vijayakrishnan R
Senior Nursing Officer

CONTACT

ORGANISING SECRETARY
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Ms. Anjusha M
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SUN 7 FEB Morning	SCIENTIFIC SESSIONS · HALL C	RESOURCE PERSONS
8:00–8:45	Classification & Clinical Staging of HF	Dr. Harikrishnan S
8:50–9:20	Assessment of HF · Case-based Discussion	Dr. Ramya Das NK · Mrs. Anjusha M
9:20–9:30	*Discussion*	–
9:30–10:00	*Tea break*	
10:00–11:00	Scientific Paper Presentation	Nursing research papers
11:00–11:30	Early Recognition & Management · ADHF · Chronic HF	Dr. Santhosh Satheesh · Dr. B K S Sastry
11:30–11:45	Guideline Directed Intervention Therapy in HF	Dr. Narayanan Namboodiri
11:50–12:10	Heart Transplantation	Dr. Sandeep Seth
12:15–1:00	**Panel Discussion · Multidisciplinary Approach to HF**	**Moderator:** Mrs. Suja Raj L Dr. Abraham Babu · Dr. Abraham Oomman · Mrs. Liji M Francis
1:00–1:15	Quiz	Mrs. Rajitha R V
1:15–2:00	*Lunch break*	
2:00–5:00	SKILL STATIONS	

SUN 7 FEB Afternoon

SIX PARALLEL STATIONS · 2:00 – 5:00 PM

2:00–5:00

STATION 1
Assessment of Patient with HF
Mrs. Bindhu Michael N · Mr. Arun O U · Mrs. Priya Das L · Mr. Sudheesh Chandran

STATION 2
Hemodynamic Monitoring in HF
Mrs. Sheeja P · Mrs. Thanuja U · Mr. Vishnu S

STATION 3
Inotropic Drug Calculation
Mrs. Jayasree P · Mrs. Niza Khalid · Mrs. Kumari Kala V

STATION 4
Cardiac Devices in HF
Mrs. Preena V · Mr. Anoop Mohan K · Ms. Anu Johny

STATION 5
Arrhythmia Interpretation
Dr. PK Dash · Mrs. Aji Mole · Mr. Ullas JS · Mr. Jinto Mathew

STATION 6
VR in Heart Failure
Ms. Preethamol P · Mr. Vijayakrishnan R

5:00 PM — *Close of Nursing Programme*

Lectures & case discussion · Papers & quiz · Panel discussion · Skill stations · Breaks & discussion

Nursing Programme · Sunday 7 February

Hyatt Regency TVM

Sessions 8:00 AM · Tea 9:30 AM · Quiz 1:00 PM · Lunch 1:15 PM · Skill Stations 2:00 PM

MORNING

8:00 – 11:00 AM

8:00–8:45 — **Classification & Clinical Staging of HF**
Speaker: Dr. Harikrishnan S
Professor (Senior Grade), Dept. of Cardiology, SCTIMST

8:50–9:20 — **Assessment of Heart Failure · Case-based Discussion**
· Clinical assessment
· Lab findings
· Case study presentation (10 min)
Speakers: Dr. Ramya Das NK
Assistant Professor, Dept. of Cardiology, SCTIMST
Mrs. Anjusha M
Senior Nursing Officer, HFICU

9:20–9:30 — **Discussion**

9:30–10:00 — **Tea break**

10:00–11:00 — **Scientific Paper Presentation**
Nursing research papers presented by delegates

LATE MORNING

11:00 AM – 5:00 PM

11:00–11:30 — **Early Recognition and Management**
· Acute decompensated HF (15 min)
· Chronic heart failure (15 min)
Speakers: Dr. Santhosh Satheesh · JIPMER, Puducherry
Dr. B K S Sastry · CARE Hospitals, Hyderabad

11:30–11:45 — **Guideline Directed Intervention Therapy in HF**
Speaker: Dr. Narayanan Namboodiri
Prof. & HOD, Dept. of Cardiology, SCTIMST

11:50–12:10 — **Heart Transplantation**
Speaker: Dr. Sandeep Seth
Professor, Dept. of Cardiology, AIIMS New Delhi

12:15–1:00 — **Panel Discussion · Multidisciplinary Approach to HF**
Patient education · lifestyle modification · exercise · self-care · nurse-led HF clinic
Moderator: Mrs. Suja Raj L
Panel: Dr. Abraham Babu, Dr. Abraham Oomman, Mrs. Liji M Francis, nursing faculty from an outside hospital

1:00–1:15 — **Quiz**
Quiz Master: Mrs. Rajitha R V · SNO, SCTIMST

1:15–2:00 — **Lunch break**

2:00–5:00 — **Skill Stations**
Six hands-on stations · details overleaf

Lectures & case discussion · Papers & quiz · Skill stations · Discussion & breaks

Skill Stations · 2:00 – 5:00 PM

Sunday 7 February

Six hands-on stations · small-group rotations · led by nursing officers and faculty of SCTIMST

01 Assessment of Patient with Heart Failure

· Symptom assessment
· Heart sounds / respiratory system assessment
· ECG changes in heart failure

FACILITATORS

Mrs. Bindhu Michael N
Mr. Arun O U
Mrs. Priya Das L
Mr. Sudheesh Chandran

02 Hemodynamic Monitoring in Patients with Heart Failure

FACILITATORS

Mrs. Sheeja P
Mrs. Thanuja U
Mr. Vishnu S

03 Inotropic Drug Calculation

FACILITATORS

Mrs. Jayasree P
Mrs. Niza Khalid
Mrs. Kumari Kala V

04 Cardiac Devices in Patients with Heart Failure

FACILITATORS

Mrs. Preena V
Mr. Anoop Mohan K
Ms. Anu Johny

05 Arrhythmia Interpretation

FACILITATORS

Dr. PK Dash
Mrs. Aji Mole
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Mr. Jinto Mathew

06 VR in Heart Failure

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Ms. Preethamol P
Mr. Vijayakrishnan R

HFAI 2027

Thiruvananthapuram · 5, 6 & 7 February 2027

Call for Nursing Research Abstracts

Nursing professionals from across India are invited to submit abstracts of original research for presentation at the conference.

CONFERENCE THEME

From Evidence to Excellence in Heart Failure Nursing Practice

DATE	NURSES' PROGRAMME	VENUE
Sunday, 7 February 2027	**9:00 AM – 2:00 PM**	**Hyatt Regency Thiruvananthapuram**

Who can apply

≤10 **Years since completing** the last nursing course (BSc or MSc Nursing)

India Open to nurses from **all states**

Guidelines for abstract submission

- Abstracts should report **original research related to heart failure** and its associated domains, including prevention, clinical management, nursing care, patient education, rehabilitation, and quality of life.
- The abstract must be submitted by the **Principal Investigator (PI)** of the research study.
- If selected, the **Principal Investigator must deliver the presentation** at the conference.
- Submissions should demonstrate **scientific rigour, clinical relevance,** and the potential to advance nursing practice in heart failure care.

SUBMIT ONLINE

Scan to submit your abstract

Opens the HFAI 2027 nursing research abstract submission page

Deadline: 1 December 2026

Abstract format

Submit a **one-page structured abstract** using the following headings:

Background · Aims and Objectives · Methods · Results · Findings and Conclusions

Up to **one table and one figure** may be included. **Maximum length: two pages.**

How selection works

1. **Submit your abstract**
   By 1 December 2026
2. **Initial screening**
   By the scientific committee
3. **Online presentation**
   Shortlisted authors present virtually in the second and third weeks of December 2026
4. **Best 5 papers selected**
   Finalists announced on 20 December 2026
5. **Present in Thiruvananthapuram**
   Finalists present in person on 7 February 2027

FOR THE 5 FINALISTS

Travel, registration and accommodation covered by the organisers

CASH PRIZES AND CERTIFICATES

₹25,000 Best paper + certificate

₹15,000 Second best + certificate

SUBMIT TO	ABSTRACT DEADLINE	CONTACT
hfai2027tvm@gmail.com	**1 December 2026**	**Conference Secretariat** **Room No. 1212, SCTIMST** **Thiruvananthapuram**

HIGHLIGHTS OF THE NURSING CONFERENCE

- **Theme of the conference**
  From Evidence to Excellence in Heart Failure Nursing Practice
- **Case-based learning**
  Clinical staging, assessment, lab findings and a nursing case study presentation
- **Six skill stations**
  Assessment, hemodynamics, inotropic drug calculation, cardiac devices, arrhythmias and VR
- **National faculty**
  Experts from SCTIMST, AIIMS New Delhi, JIPMER Puducherry and CARE Hospitals Hyderabad
- **Scientific paper presentation**
  A dedicated hour for nursing research papers
- **Panel discussion and quiz**
  Multidisciplinary care, self-care and nurse-led HF clinics, followed by a quiz

ORGANISED BY

Sree Chitra Tirunal Institute for Medical Sciences & Technology, Trivandrum

Nursing Services & Department of Cardiology
Sree Chitra Tirunal Institute for Medical Sciences and Technology, Thiruvananthapuram

AT A GLANCE

DATE
Sunday
7 February 2027

TIME
8:00 AM – 5:00 PM
Skill stations from 2:00 PM

VENUE
Hyatt Regency
Thiruvananthapuram, Kerala

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HEART FAILURE ASSOCIATION OF INDIA
Improving Heart Failure Care